

# Autonome Zenuwstelsel Sympathische & parasympathische routes

Paul Gobée, dept. Anatomy & Embryology,  
LUMC

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v4, Maart 2024

# Vooraf...

- Deze presentatie bouwt voort op het schema uit presentatie ‘Autonome Zenuwstelsel Schematisch opgebouwd’.
- Het is aan te raden deze eerst te bestuderen.

# Schema Autonome Zenuwstelsel

LUMC

Cardiopulmonale splanchnische zenuwen

Nn. intercostales (spinaal)

Rami communicans

Thoracale splanchnische zenuwen:  
N. splanchnicus major, minor, imus

Truncus sympathicus (paravertebraal)

Nn. vagi, plexus oesophagealis, truncus vagalis ant. & post.

Prevertebraal / preaorta:  
ganglion & plexus coeliacus, mesent. sup., aortorenalis, intermesentericus, mesent. inf.

Plexus lumbalis, achterste buikwandzenuwen (spinaal)  
Lumbale splanchnische zenuwen

Plexus hypogastricus superior

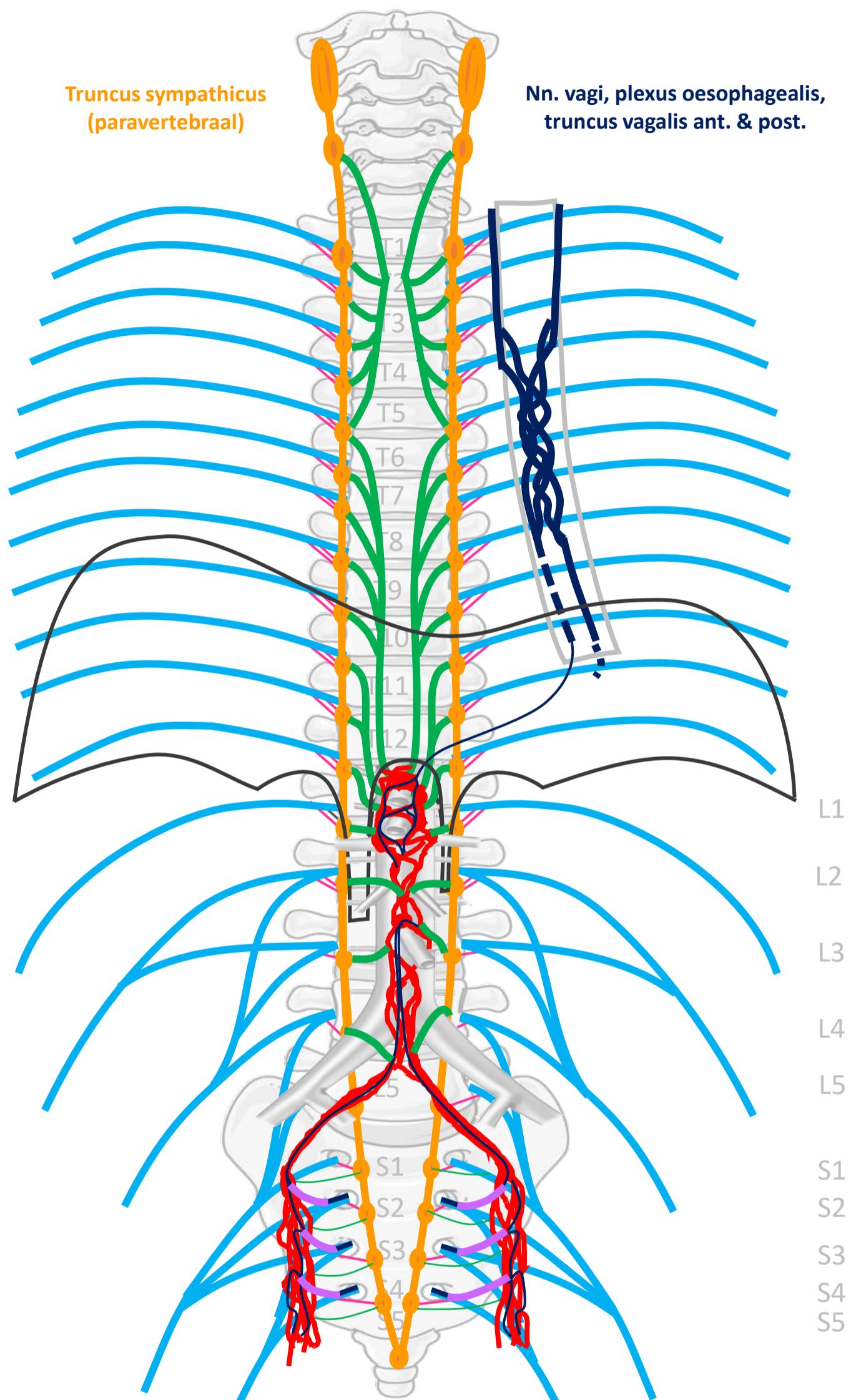
N. hypogastricus

Plexus sacralis, Nn. sacrales (spinaal)

Pelviene splanchnische zenuwen

Plexus hypogastricus inferior

Sacrale parasymp. outflow



SYMP

Rami communicans  
Splanchnische zenuwen

CZS

Spinale zenuwen

Paravertbraal (truncus sympathicus)

Prevertebraal / preaorta

PARASYMP

Pelviene splanchnische zenuwen

N. vagus

ORGaan

Download dit schema

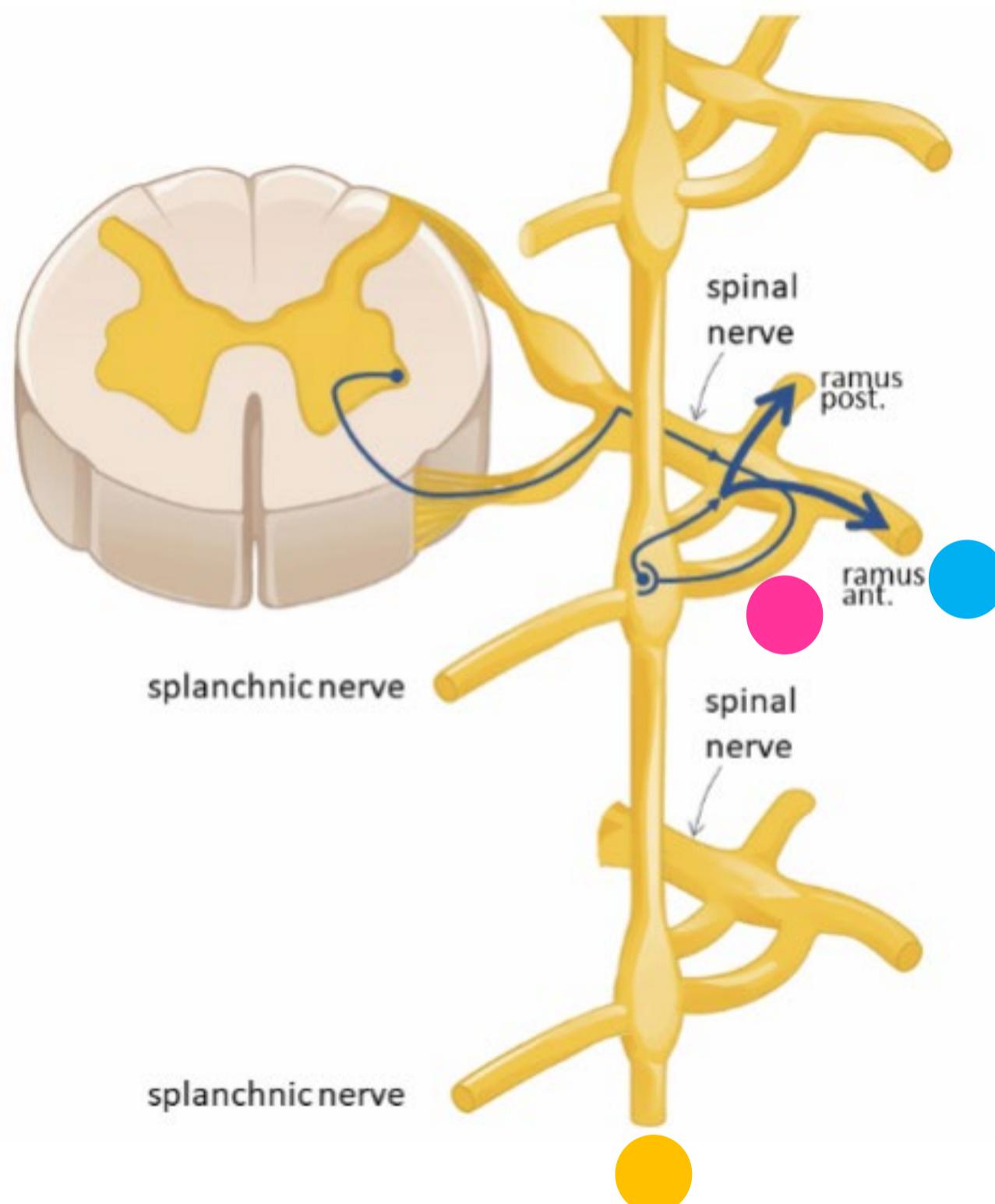


v. 3, March 2024

# Sympathisch naar rompwand

- Zweten
- Kippevel
- Perifere vaatvernauwing

# Sympathisch naar rompwand



**Spinale zenuw**

**Ramus communicans albus**

**Paravertebraal (truncus sympathicus) \*SYNAPS\***

**Ramus communicans griseus**

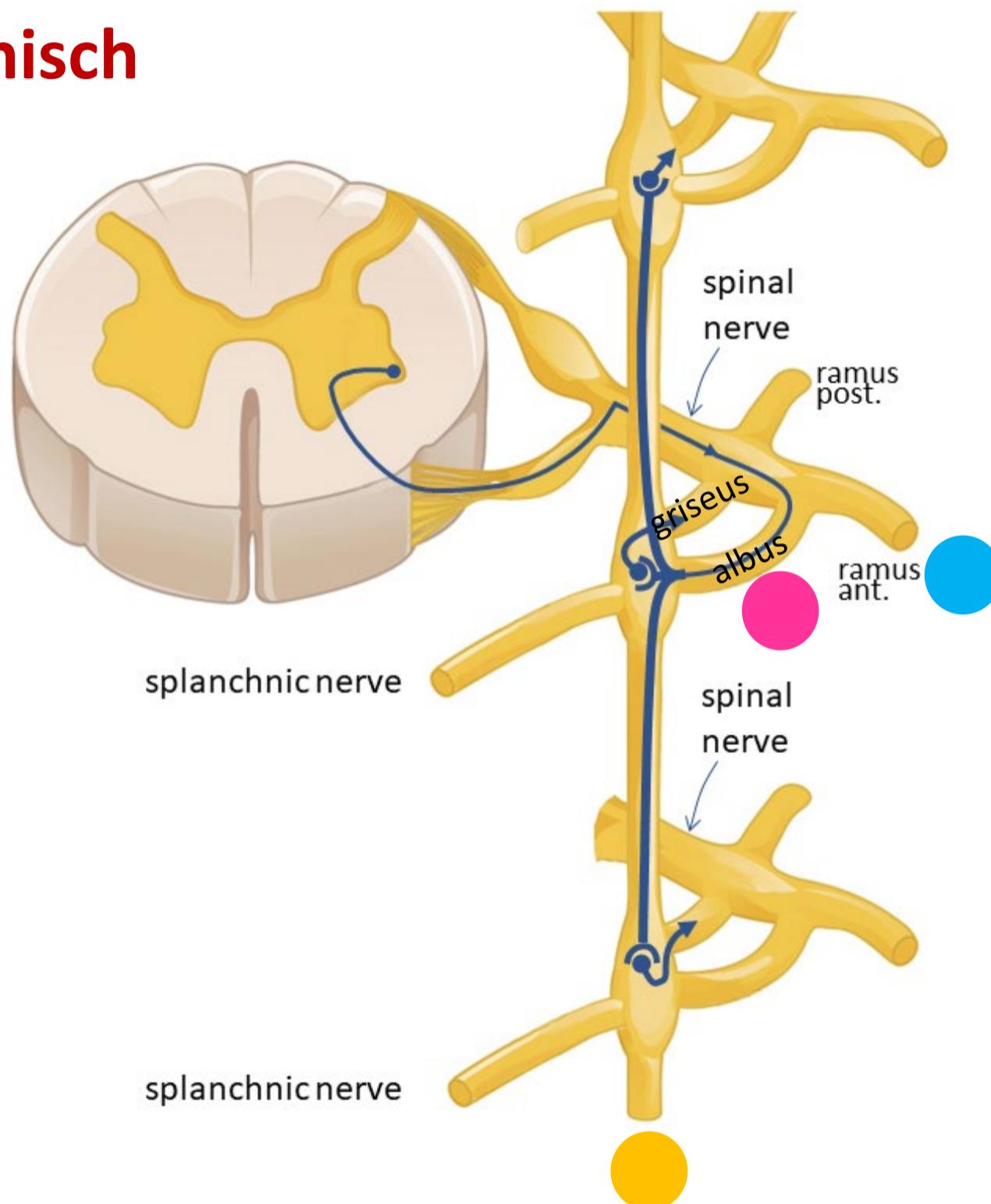
**Spinale zenuw**

**Rompwand – zweetklieren, haarfollikels, bloedvaten**



# Sympathisch naar rompwand

## Sympathisch



Spinale zenuw

Ramus communicans albus

Paravertebraal (truncus sympathicus) \*SYNAPS\*

OMHOOG / ZELFDE NIVEAU / OMLAAG

Ramus communicans griseus

Spinale zenuw

Rompwand – zweetklieren, haarfollikels, bloedvaten



# Sympathisch

OP ALLE NIVEAUS

Nn. intercostales  
(spinaal)

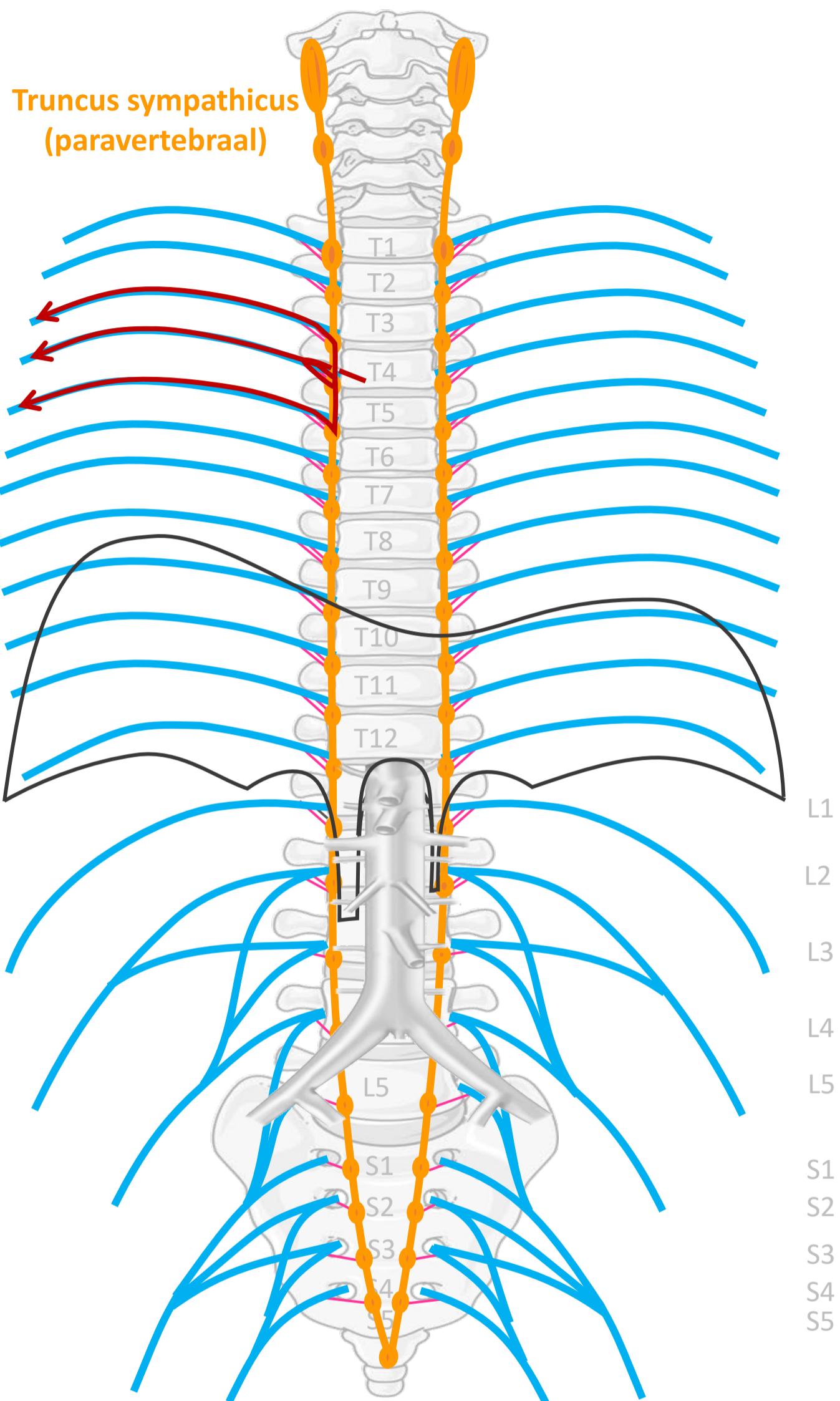
Rami communicans

Plexus lumbalis, achterste  
buikwandzenuwen  
(spinaal)

Rami communicans

Plexus sacralis, Nn. sacrales  
(spinaal)

Rami communicans



SYMP

Rami communicans  
albus  
Rami communicans  
griseus

CZS

PARASYMP

Spinale zenuwen

Paravertebraal (truncus sympathicus)

Spinale zenuwen

↓  
ORGAAN

Download dit schema



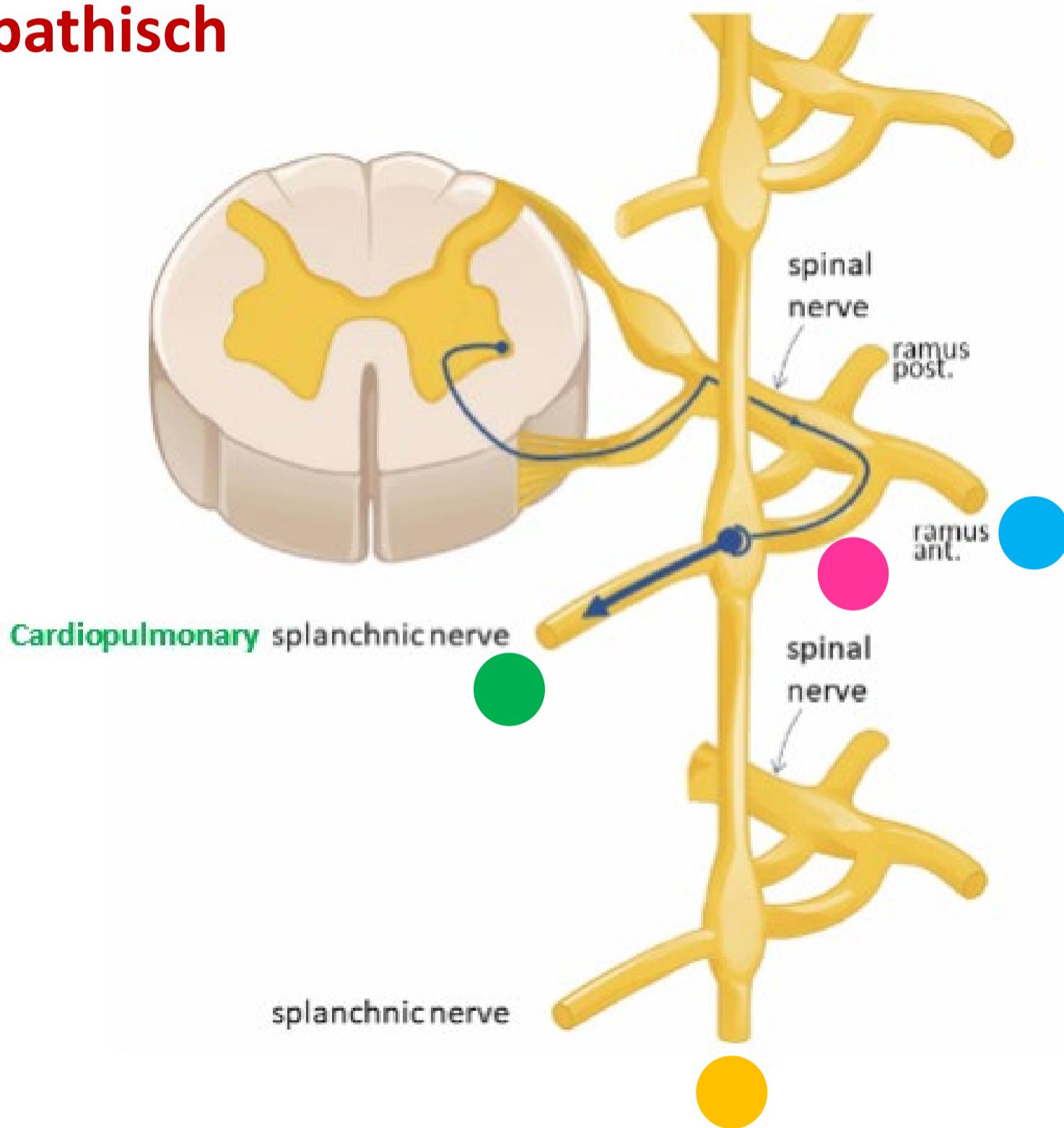
v. 3, March 2024

# Sympathisch naar hart, long, oesophagus

- Snellere, krachtigere hartslag
- Verwijding luchtwegen

# Sympathisch naar hart, long, oesophagus

## Sympathisch



Spinale zenuw

Ramus communicans albus

Paravertebraal (truncus sympathicus) \*SYNAPS\*

OMHOOG / ZELFDE NIVEAU / OMLAAG

Cardiopulmonale splanchnische zenuwen

Hart, longen, oesophagus



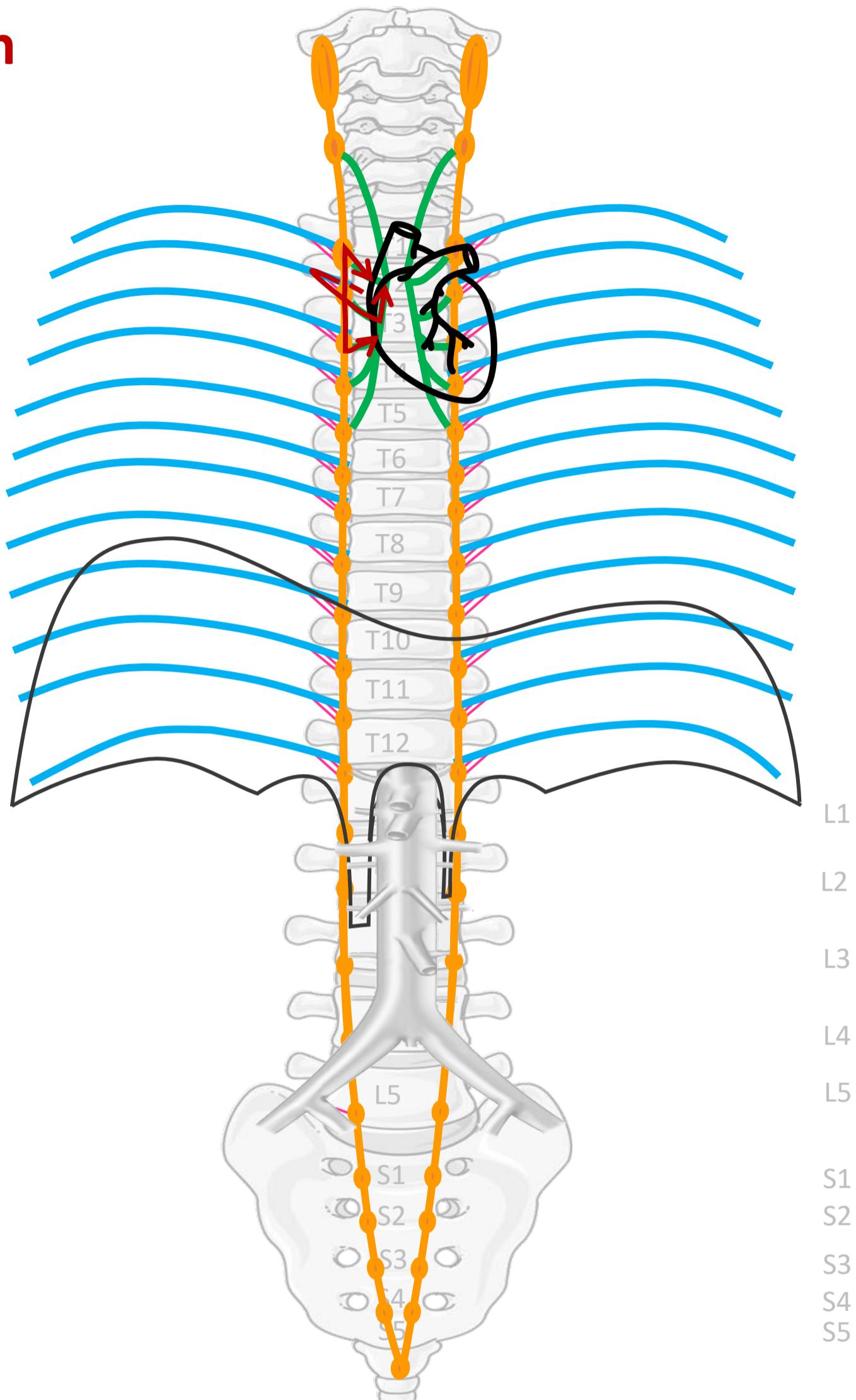
# Sympathisch

Nn. intercostales (spinaal)

Rami communicans

Truncus sympathicus  
(paravertebraal)

Cardiopulmonale  
splanchnische zenuwen



Verbindingen  
(SYMP)

CZS

Spinale zenuwen

Rami  
communicans

Paravertebraal (truncus sympathicus)

Cardiopulmonale  
Splanchnische  
zenuwen

ORGaan

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Sources: Gray's Anatomy 41<sup>st</sup> ed., Moore K et al, Clin. Oriented Anatomy, 8<sup>th</sup> ed.

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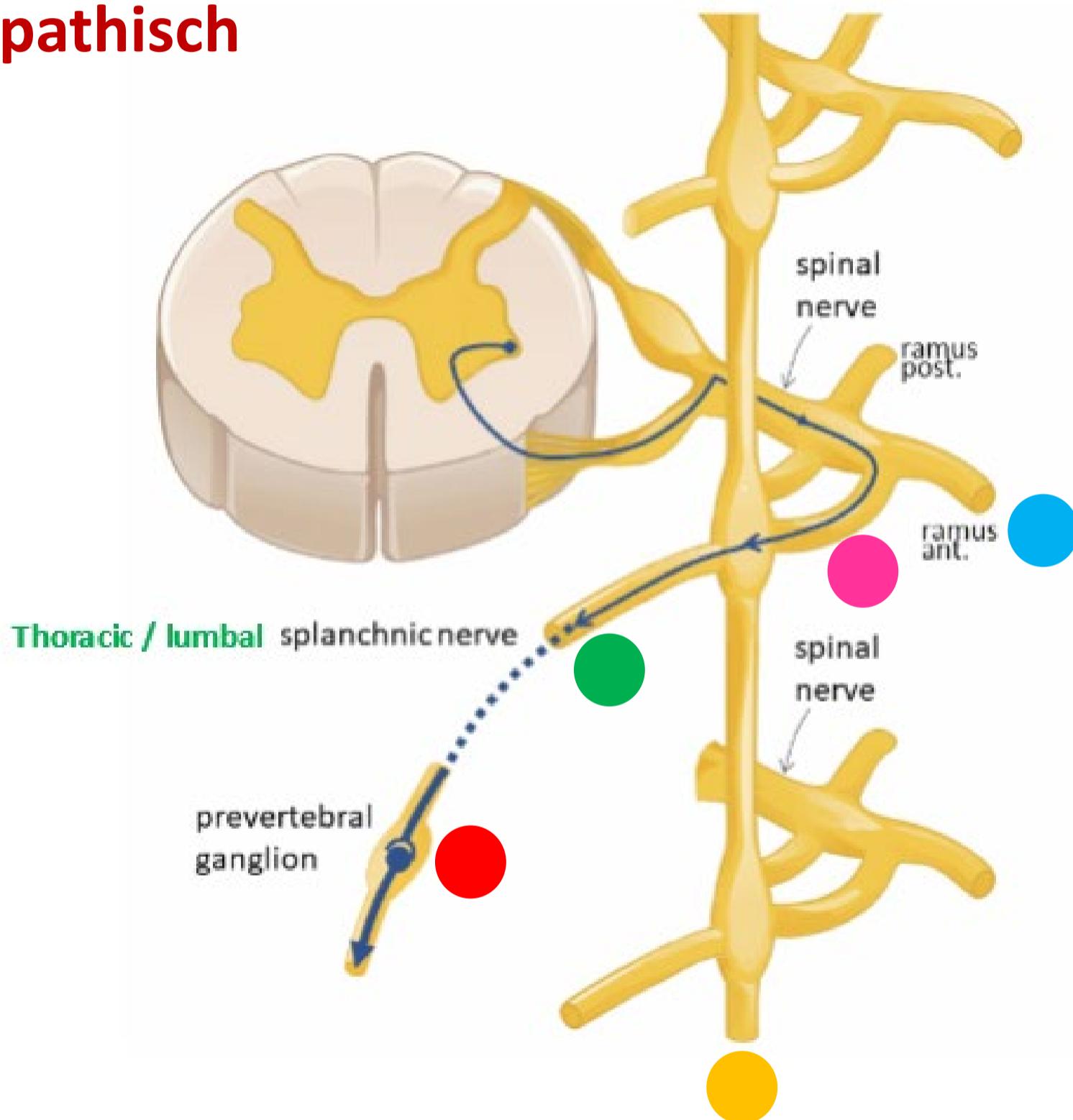


# Sympathisch naar buik- en bekkenorganen

- Remming peristaltiek
- Vasoconstrictie in tractus digestivus
- Omzetting glycogeen naar glucose
- Continentie - constrictie blaas- en anale- interne sphincters

# Sympathisch naar buik- en bekkenorganen

## Sympathisch



Spinale zenuw

Ramus communicans albus

Paravertebraal (truncus sympathicus) \*GÉÉN SYNAPS\*

Thoracale /lumbale splanchnische zenuwen

Prevertebraal / preaortaal ganglion/ plexus \*SYNAPS\*

Met bloedvaten mee naar organen



# Sympathisch

Nn. intercostales  
(spinaal)

Rami communicans

Truncus sympathicus  
(paravertebraal)

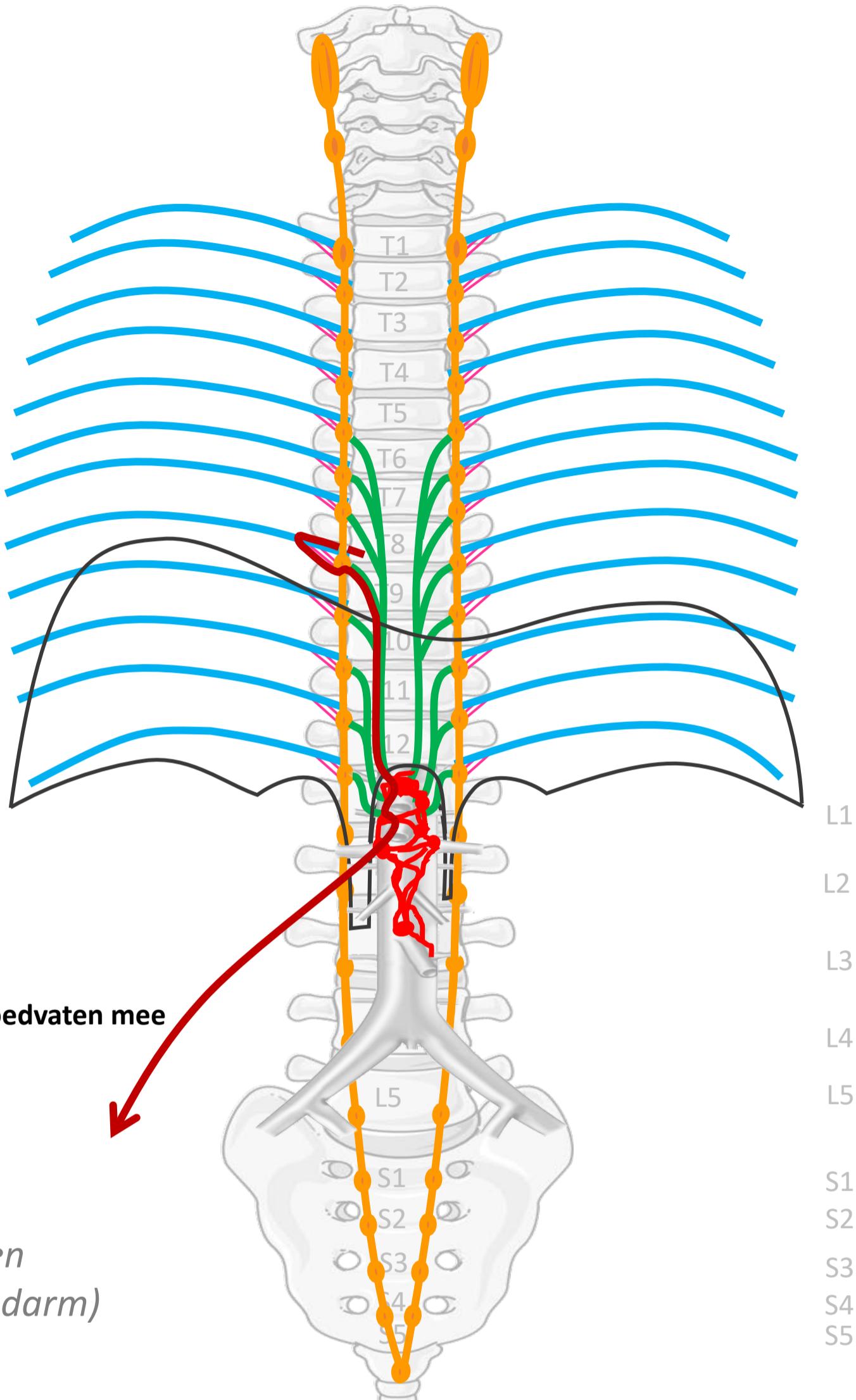
**Thoracale splanchnische zenuwen:**  
N. splanchnicus major, minor, imus

Prevertebrale / preaortale ganglia & plexi:  
ganglia & plexus coeliacus,  
ganglion & plexus mesent. sup.,  
ganglia aorticorenalia,  
plexus intermesentericus,  
plexus mesent. inf.



Met bloedvaten mee

(voor- en  
middendarm)



Verbindingen (SYMP)

CZS

Spinale zenuwen

Rami communicans

Paravertebraal (truncus sympathicus)

Thoracale splanchnische zenuwen

Prevertebraal / preaorta

Met bloedvaten mee

ORGAAN

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# Sympathisch

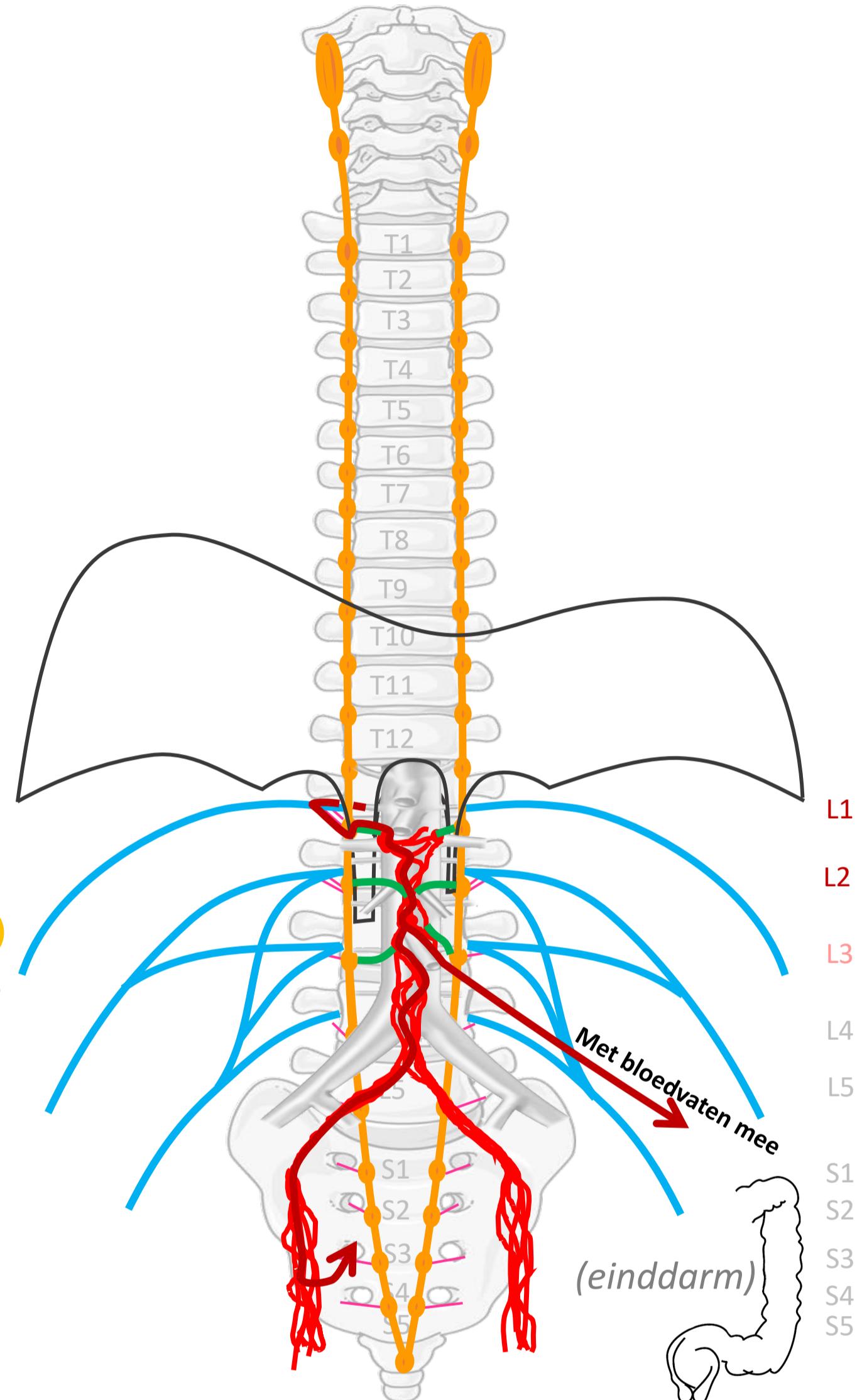
**Plexus lumbalis,  
achterste  
buikwandzenuwen  
(spinaal)**

Rami communicans

Truncus sympathicus (paravertebral)

**Lumbale splanchnische zenuwen**

Prevertebrale / preaortale ganglia & plexi:  
plexus intermesentericus,  
ganglia & plexus mesent. inf.,  
plexus hypogastricus sup.,  
n. hypogastricus,  
plexus hypogastricus inf.



Verbindingen (SYMP)

Rami communicans

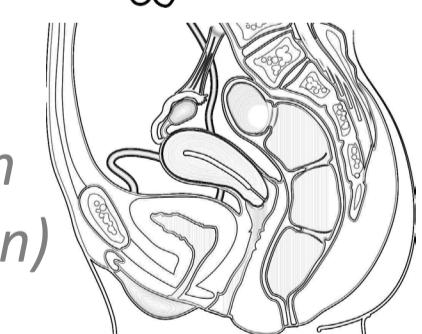
Lumbale splanchnische zenuwen

Met bloedvaten mee of via plexus hypogastr inf.

Paravertbraal (truncus sympathicus)

Prevertebraal / preaortal

ORGAAN



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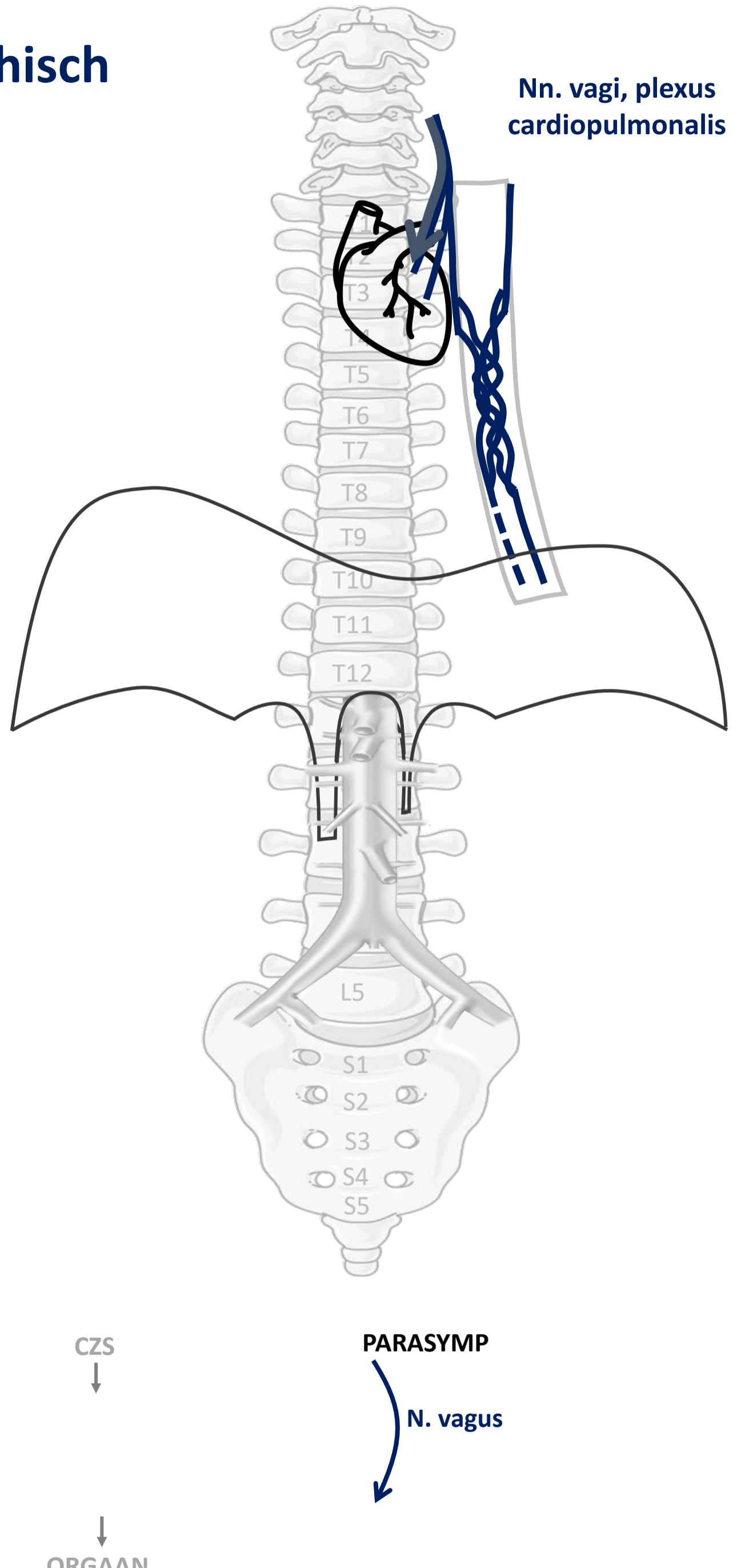
"Slagter - Drawing Female pelvis in sagittal section - no labels" by Ron Slagter, license: CC BY-NC-SA



# Parasympathisch naar hart, long, oesophagus

- Vertraging, minder krachtige hartslag
- Vernauwing luchtwegen
- Toename bronchus-secretie

## Parasympathisch



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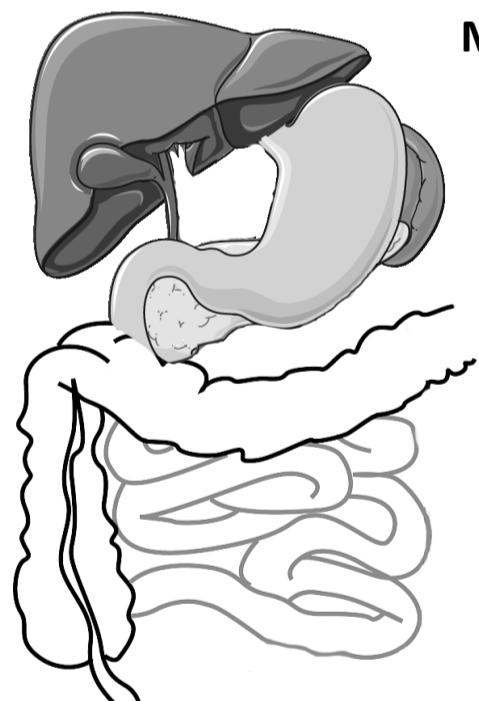
# Parasympathisch naar buikorganen

*(t/m middendarm – colon transversum)*

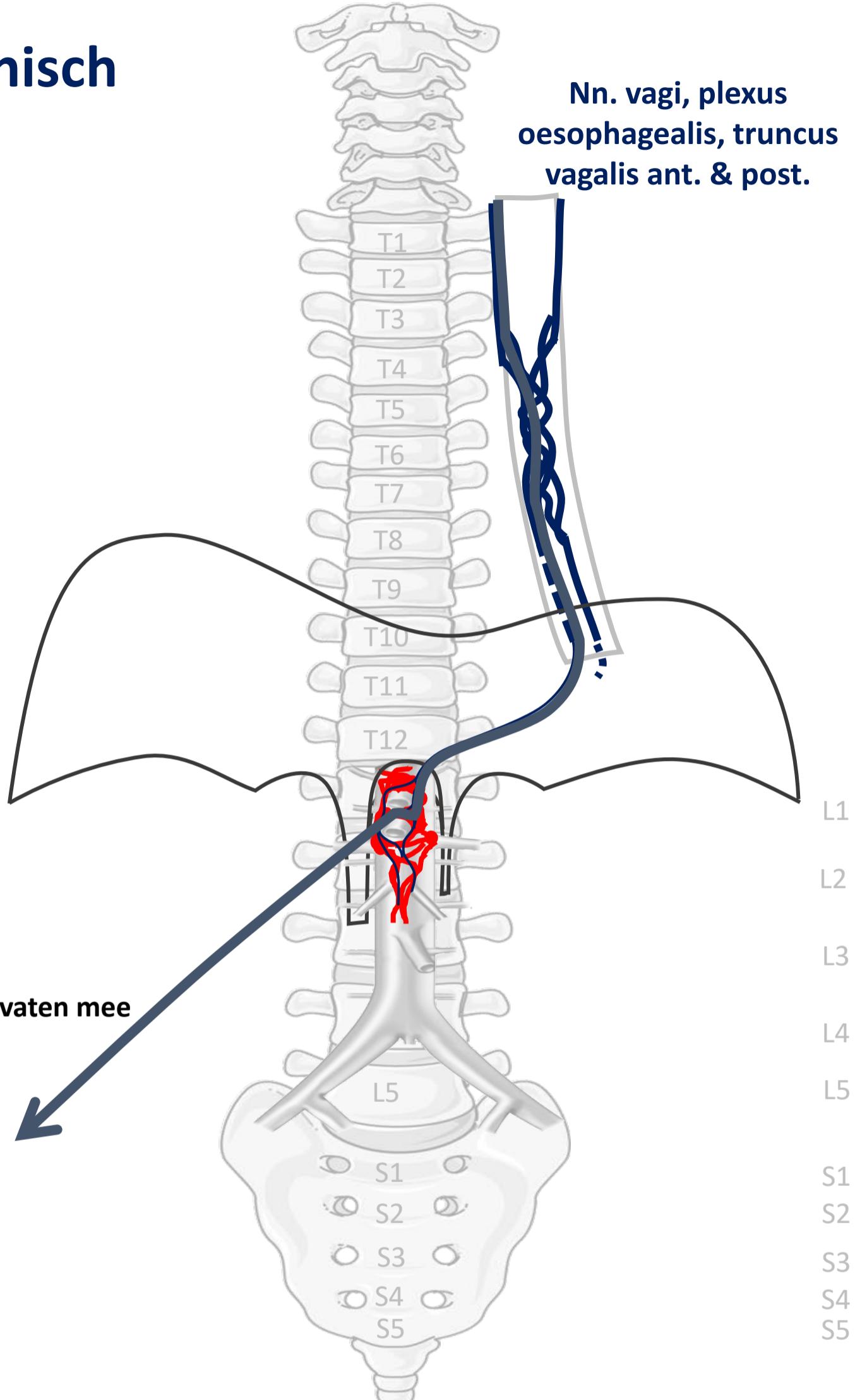
- Stimulering peristaltiek
- Stimulering secretie spijsverteringssappen
- Omzetting glucose naar glycogeen

# Parasympathisch

**Prevertebraal / preaortal :**  
 plexus coeliacus,  
 plexus mesent. sup.,  
 plexus intermesentericus,  
 plexus mesent. inf.



(voor- en middendarm)



Prevertebraal / preaortal

ORGAAN

CZS  
↓

PARASYMP

N. vagus

Met bloedvaten mee

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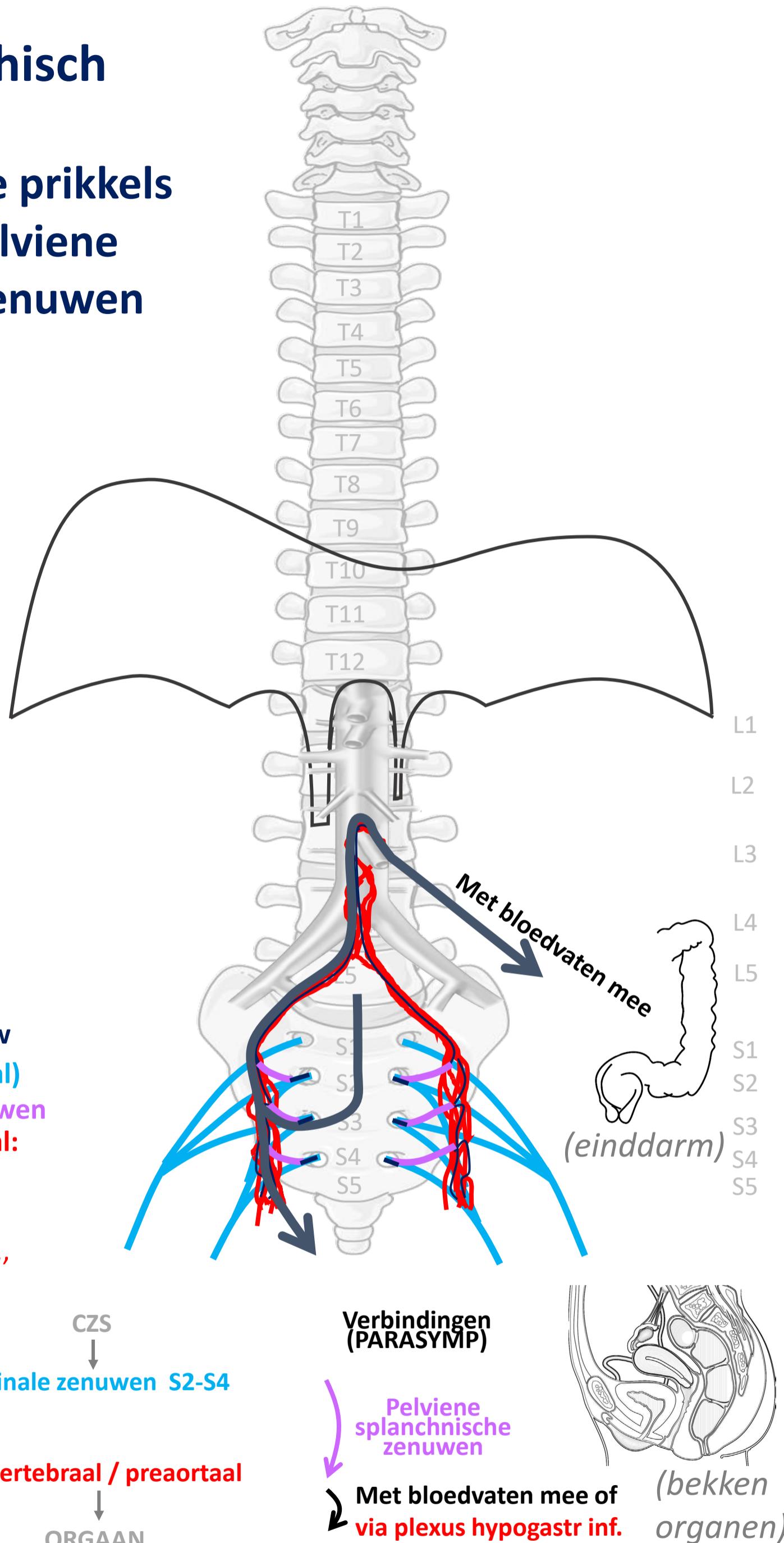


# Parasympathisch naar einddarm (colon desc/sigmoid/rectum) en bekkenorganen

- Stimulering peristaltiek
- Defaecatie, mictie
- Erectie genitalia

# Parasympathisch

Parasympathische prikkels  
via S2-S4 → pelviene  
splanchnische zenuwen



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# Schema Autonome Zenuwstelsel

LUMC

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Lumbale splanchnische zenuwen

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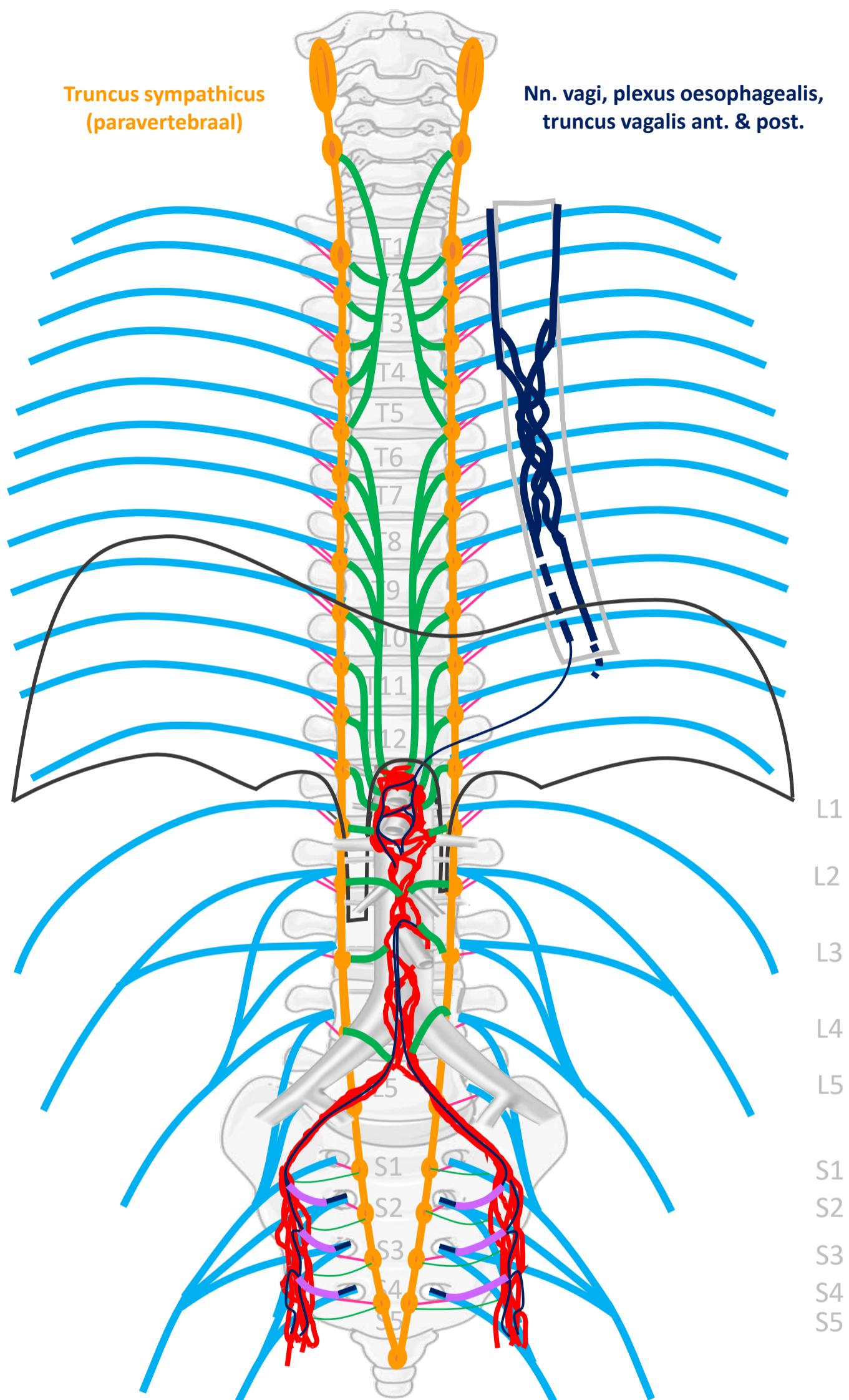
N. hypogastricus

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Pelviene splanchnische zenuwen

Plexus hypogastricus inferior

Sacrale parasymp. outflow



SYMP

Rami communicans  
Splanchnische zenuwen

CZS

Spinale zenuwen

Paravertebraal (truncus sympathicus)

Prevertebraal / preaorta

PARASYMP

Pelviene splanchnische zenuwen

N. vagus

ORGaan

Download dit schema



v. 3, March 2024